

Unit Details

Unit Title	Group Work within a Youth Work Setting
Level	2
Credit Value	2
Guided Learning Hours	20 hours
Unit Summary	This unit explores and examines strategies for effective group work with young people within a youth work setting. This unit needs to be assessed through observation of practice and other evidence in line with JETS Committee requirements.
Learning Outcomes (1 to 4) The learner will be able to:	Assessment Criteria (1.1 to 4.3) The learner can:
1. Understand how groups are formed	1.1 Describe reasons why people join groups 1.2 Explain the types of groups young people join 1.3 State the benefits of young people joining groups 1.4 Describe the most effective group size for different activities within own youth project 1.5 Summarize key characteristics of effective groups
2. Understand group development stages	2.1 Explain the stages of group development in a group work situation 2.2 Describe roles within groups, including own role 2.3 Explain how to maintain groups and reasons they breakdown
3. Be able to work effectively within a group activity	3.1 Plan a group youth work activity which takes into account internal and external factors that influence effective groups 3.2 Negotiate with group appropriate ground rules for working with each other in youth work activity 3.3 Work with group to undertake group activity. 3.4 Review activity with an appropriate observer. Assess with an appropriate observer group effectiveness, roles in group and own contribution to group both positive and negative
4. Demonstrate understanding about how to overcome conflict in group work setting	4.1 Explain how conflict arises in group work setting 4.2 Explain how personal feelings are managed in a conflict situation 4.3 Explain how to diffuse conflict in a group setting
Mapping to National Occupational Standards (NOS) - Joint Education Training Standards (JETS)	
Indicative content/ Underpinning Knowledge	
Group work theory:	
<ul style="list-style-type: none"> • Principles of group work, including common purpose; co-operation; problem solving • Reasons for joining groups, including task focused, personal support; friendship; 	

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challenge; support

- Group dynamics: roles people play in groups; impact of size of group; helpful and unhelpful behaviours in groups
- Stages of group development (Tuckman – forming, storming, norming, performing, adjourning/mourning)
- Active group work strategies, including confronting conflict, facilitation, setting ground rules; managing personal feelings
- Techniques for evaluating group process and progress