

Unit Details

Unit Title	Group Work within a Youth Work Setting
Level	3
Credit Value	2
Guided Learning Hours	20 hours
Unit Summary	<p>This unit explores and examines strategies for effective group work with young people within a youth work setting.</p> <p>This unit needs to be assessed through observation of practice in line with JETS Committee requirements.</p>
Learning Outcomes (1 to 6) The Learner will:	Assessment Criteria (1.1 to 6.3) The learners can:
1. Understand how groups are formed	1.1 Describe reasons why people join groups 1.2 Explain the types of groups young people join 1.3 State the benefits of young people joining groups 1.4 Describe the most effective group size for different activities within own youth project 1.5 Summarize key characteristics of effective groups
2. Understand group development stages	2.1 Explain the stages of group development in a group work situation 2.2 Describe roles within groups, including own role 2.3 Explain how to maintain groups and reasons they breakdown
3. Be able to work effectively within a group activity	3.1 Plan a group youth work programme which takes into account internal and external factors that influence effective groups 3.2 Negotiate with group appropriate ground rules for working with each other in youth work activity 3.3 Lead a group to undertake group activity. 3.4 Evaluate group effectiveness, roles in group and own contribution to group both positive and negative
4. Understand how learning takes place in groups	4.1 Explain different models of group learning 4.2 Describe why programmes should be created to address different learning needs.
5. Demonstrate understanding about how to overcome conflict in group work setting	5.1 Explain how conflict arises in group work setting 5.2 Explain how own personal feelings are managed in a conflict situation 5.3 Explain how to diffuse conflict in a group setting
6. Understand the appropriate use of	6.1 Outline the main leadership styles appropriate to different group stages and situations

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leadership styles within groups	6.2 Describe own leadership styles when working with groups of young people 6.3 Analyse a group work programme where different leadership styles were used to achieve positive results for the group 6.4
Mapping to National Occupational Standards (NOS) - Joint Education Training Standards committee (JETS)	
Indicative content/ Underpinning Knowledge Group work theory: <ul style="list-style-type: none">• Principles of group work, including common purpose; co-operation; problem solving• Reasons for joining groups, including task focused, personal support; friendship; challenge; support• Group dynamics: roles people play in groups; impact of size of group; helpful and unhelpful behaviours in groups• Stages of group development (Tuckman – forming, storming, norming, performing, adjourning/mourning)• Characteristics of effective groups & barriers to groups working well together, such as lack of trust, difficult relationships, lack of clear focus, dominant characters, inappropriate settings• Active group work strategies, including confronting conflict, facilitation, setting ground rules; managing personal feelings• Intervention strategies for dealing with challenging behaviour Leadership styles and approaches: <ul style="list-style-type: none">• Meaning of 'leadership'• Different approaches (laissez-faire; democratic; autocratic) and where each can be applied in youth work settings• Youth worker as leader• Encouraging leadership skills in young people Techniques for evaluating group process and progress Some theories of learning to inform youth work (e.g. Kolb's Cycle of Learning; social and peer learning; conversation as a learning tool) How people learn in different ways (learning styles; cultural factors; impact of special learning needs; language and literacy factors) and strategies for enabling those with different styles and abilities to learn together Integrating concepts of equality and diversity into planning and delivering group work	

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