

Unit Details

Unit Title	Reflective Practice
Level	2
Credit Value	1
Guided Learning Hours	7 hours
Unit Summary	<p>This unit outlines the knowledge, skills and behaviour relating to reflection in a youth work setting.</p> <p>The delivery of this unit needs to be linked with the real work environment</p> <p>Unit needs to be assessed in line with the JETS Committee requirements.</p>
Learning Outcomes (1 to 3) <i>The learner will be able to:</i>	Assessment Criteria (1.1 to 3.4) <i>The learner can:</i>
1. Understand the principles of reflective practice in youth work	1.1 Identify what is reflective practice 1.2 Describe the benefits of reflective practice in developing youth work practice 1.3 List and describe 3 approaches to reflective practice and their potential strengths and weaknesses
2. Be able to apply reflective practice to own area of work	2.1 Apply reflection activities to own practice 2.2 Identify own relative areas of strength and potential areas for development 2.3 Agree a plan with SMART objectives to address own learning and support needs
3. Be able to review the effectiveness of own practice	3.1 Monitor outcomes of own work and the areas of work that can be enhanced 3.2 Seek regular and useful feedback on own areas of performance from appropriate people 3.3 Apply the result of own reflection and development to own practice 3.4 Identify with support areas for personal development
Mapping to National Occupational Standards (NOS) - Joint Education Training Standards (JETS) Committee	

Indicative content/ Underpinning Knowledge

Learning Journal for 20 hours of practice should be completed to support this unit – link with other units

Approaches to reflective practice approaches e.g. Gibbs REFLECTIVE Cycle, ABC Model, Brookfield, Rolfe

Link to supervision and appraisals