

Unit Details

Unit Title	Reflective Practice
Level	3
Credit Value	1
Guided Learning Hours	10 hours
Unit Summary	<p>This unit outlines the knowledge, skills and behaviour relating to reflection in a youth work settings The delivery of this unit needs to be linked with the real work environment</p> <p>Unit needs to be assessed in line with the JETS's Committee requirements.</p>
Learning Outcomes (1 to 3) <i>The learner will be able to:</i>	Assessment Criteria (1.1 to 4.2) <i>The learner can:</i>
1. Understand the principles of reflective practice in youth work	1.1 Identify what is reflective practice 1.2 Describe the benefits of reflective practice in developing youth work practice 1.3 List and describe 3 approaches to reflective practice and their potential strengths and weaknesses
2. Be able to undertake self directed reflection on own practice and continuing professional development	2.1 Demonstrate regular reflection on own experience, skills and behaviour 2.2 Identify and assess own relative areas of strength and potential areas for development 2.3 Agree achievable objectives for own work and give a consistent and reliable performance 2.4 Agree a plan with SMART objectives to address own learning and support needs
3. Be able to reflect on own and others practice	3.1 Monitor outcomes of own work and others and discuss how this can be enhanced 3.2 Seek regular and useful feedback on own areas of performance from appropriate people 3.3 Apply the result of own reflection and development to own practice 3.4 Support others in reflective practice and provide constructive feedback to them around delivery 3.5 Demonstrate how reflection can improve own and others practice
4. Be able to keep up to date with policies and developments relevant	4.1 'identify relevant sources of information that can provide updates on an ongoing basis' 4.2 Explain the importance of keeping up to date with own

to working with young people	practice and how this impacts on own practice
Mapping to National Occupational Standards (NOS) - Joint Education Training Standards Committee (JETS)	
Indicative content/ Underpinning Knowledge Regular – what does this mean? Others – colleagues and or those you manage Reflection approaches – Gibbs reflective cycle, Rolfe, Brookfield and ABC Constructive Feedback	