

Unit Details

Unit Title	Young People's Development
Level	2
Credit Value	2
Guided Learning Hours	15
Unit Summary	<p>In this unit the learner will learn about the key physical and emotional changes taking place in young people and the role of youth work and youth workers in supporting young people's development into adulthood.</p> <p>This unit needs to be assessed through observation and other evidence in line with JETS Committee requirements</p>
Learning Outcomes (1 to 3) <i>The learner will be able to:</i>	Assessment Criteria (1.1 to 3.2) <i>The learner can</i>
1. Understand how young people develop during adolescence	1.1 Describe stages of physical and emotional development in adolescence 1.2 Describe particular challenges faced by young people as they develop 1.3 Describe external factors affecting young people's development
2. Understand how youth work interventions support young people's development	2.1 Explain how active participation and empowerment of young people in youth work activities contribute to their development 2.2 Describe incremental ways of engaging and supporting young people in youth work settings 2.3 Explain how youth workers promote access to information and support for young people 2.4 Explain how youth work supports independent, informed decision making
3. Understand the role of the youth worker in young people's development	3.1 Describe the skills, knowledge and qualities required to work with young people who are developing 3.2 Explain ways in which own work with young people could be enhanced to show awareness of young people as they are developing
Mapping to National Occupational Standards (NOS) - Joint Education Training Standards (JETS) Committee	
Indicative content/ Underpinning Knowledge	
United Nation Convention on the Rights of the Child	

Code of Ethics for Youth Workers in Wales

National Standards for Participation

Explore the Social, educational and medical model of young people's development

Disabilities and impact on young people

PSHE (or Welsh equivalent)

Basics in: Sexual Health/SRE, Dugs and Alcohol, Smoking Cessation – Local signposting to services

When to signpost – boundaries and confidentiality

Basic Mental and Emotional health – Signpost